

CONVERGING CAMPUS & COMMUNITY

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online at NWMissourinews.com



Women finally bound for Elite 8

By Bryce Mereness Chief Sports Reporter

Northwest punched its first ticket in program history to the Elite Eight.

The Bearcats defeated Central Oklahoma 82-70 in the South Central Regional Championship game. The 'Cats now travel to St. Joseph, Mo., with a shot at the na-

tional championship.
"We've had a great fan base following us all year and we wanted to get back so they could watch us play one more time," senior post Gentry Dietz said. "We knew that if we could get it back to St. Joe we would have almost a home-court advantage."

The home-court advantage is well in the works. The ticket office

at Northwest sold out of its tickets in under an hour. However, tickets are still available at the St. Joseph Civic Arena's box office or at ticketmaster.com.

"I think if we were staying home on our campus, in our own bed, it would be a distraction because everyone would be patting us on the back," head coach Gene Steinmeyer said. "But, the fact we're in a hotel and we show up for the gym and here come the fans, I think it will really help us... One thing that was neat was they told us that our portion of the tickets were sold out in 40 minutes - and this isn't even a Jimmy Buffett

NorthwestdefeatedthreeLone Star Conference teams to earn its first regional championship. The

We've had a great fan base following us all year and we wanted to get back so they could watch us play one more time" Gentry Dietz

'Cats won all three games with double-digit margins.

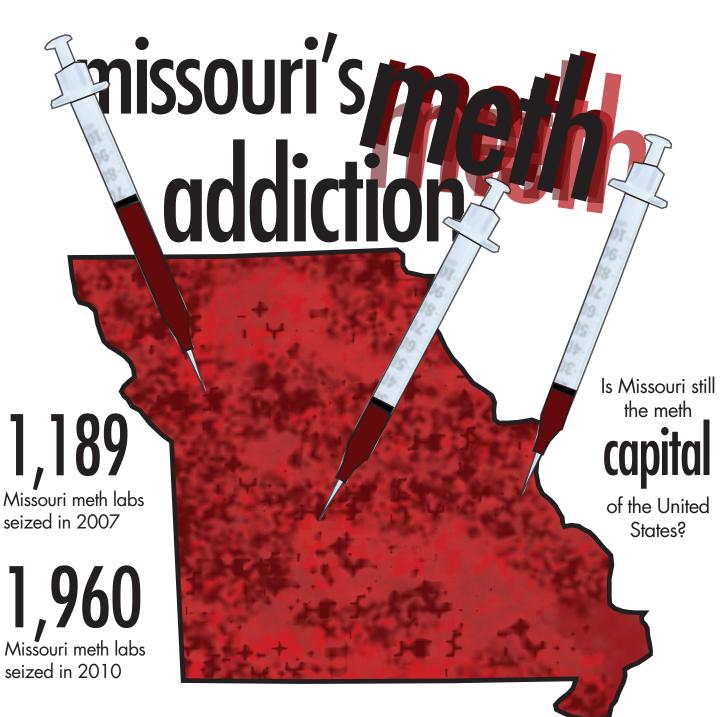
"We had a chip on our shoulder," Dietz said. "We felt like we

SEE WOMEN | A7



BRYCE MERENESS | CHIEF SPORTS REPORTER

THE WOMEN'S BASKETBALL team celebrates after their 82-70 win over Central Oklahoma in the South Central Regional Championship. The 'Cats will continue their postseason run at the Elite Eight in St. Joseph, Mo. on Tuesday.



Local officials address meth abuse

By Trey Williams News Editor

"Imagine the feeling you get from the one thing that interests you the most. Think about a difficult project you've completed and the feeling of pride and self worth you got from it when finished. Imagine what it feels like to be the smartest person in the world. Remember the most excited and energetic you've ever felt in your life. Take all of these things and multiply them by a thousand and there you have the basic feeling of meth... You get the feeling that

every decision you're making is 100 percent correct'

This quote from an anonymous source on a drug forum illustrates the addictive and skewed feelings one experiences while using the drug that produces symptoms such as anxiety, confusion, insomnia, mood disturbances, violent behavior, paranoia, hallucinations, delusions and the sensation of insects creeping under the skin, according to the National Institute on

SEE METH | A7

Missouri Academy student receives academic honor

By Matt Leimkuehler Chief Reporter

A student at The Missouri Academy was selected into the Missouri Scholars 100 Program last week and is to be honored in May for the achievement.

The Missouri Scholars 100 Program is a program sponsored by the Missouri Association of Secondary School Principals and is an academic honor given to the most 100 deserving students

in the entire state. Hayeon Lee, a Korean exchange student and a senior at the Academy, received the honor for the 2010-2011 academic year. The students who apply for the honor must qualify for what the MASSP refer to as "Academic Decathlon". Academic Decathlon includes a GPA of 3.75 or higher, ACT of 29, ranking in the upper ten percent of class and enrollment in advanced courses in math, science, English and foreign language.

Along with these requirements, the student must be involved in student activities and have above-average attendance.

Lee is extremely proud of her achievement, considering her heritage and some of the barriers she had to cross to receive such a high academic honor.

Traditionally only American students win the award," Lee said. "I am Korean; I wanted to be the first Korean to win the award. I gave it a shot and it just happened."

Lee claimed that she had a hunch it was her who had received the award out of the five Academy students who applied.

"I kept telling my mom there was something going on, but I couldn't tell what," Lee said. 'When I got the letter in the mail, I was just so happy I could finally tell my mom."

Being a student from a differ-

SEE LEE | A7

NEWS BRIEFS

Upcoming registration

By Trey Williams

Registration began March 14 for seniors and will continue until April 15 for freshmen. To see when your registration date is, visit the registrar page on the University web site.

Any student who has a hold on his or her account will not be able to register until it is removed. To check if you have a hold, stop by the registrar's office.

To register you must print your degree audit, which can be found on CatPAWS, and set up a meeting with your adviser. Procedures may vary from one adviser to another.

Degree audits can now be found on CatPAWS in the student link. They are available to show students what classes still need to be taken and all of the credits they have earned.

Meghan McCain's talk

Meghan McCain, the daughter of Arizona senator and 2008 presidential candidate John McCain, has made a name for herself and Wednesday night spoke at the Ron Houston Center for the Performing Arts.

While at Columbia University, McCain started working at Saturday Night Live. During the 2008 presidential campaign she launched mccainblogette.com, which gave an inside look at life on the campaign trail. Her blog won The Golden Dot Award for best blog and two Pollie Awards from the Association of Political and Public Affairs Professionals.

McCain currently writes a weekly column for THE DAILY BEAST and her most recent book "Dirty Sexy Politics: A True Story" tells of her journey and experiences in politics. Copies of her book will be available at the Bearcat Bookstore in the J.W. Jones Student Union.

Her book, "My Father: John Mc-Cain" was placed on the New York Times' children's book best sellers

If you missed McCain's speech or want to hear more, visit our website and listen to the exclusive interview.

Spring break closing

Spring break officially begins Friday, but there might be some things you want to know.

Campus will close at 6 p.m. Friday. Anyone living on campus who does not plan to leave for spring break should already have gone to the Residential Life Office to sign-up. For those who missed the 5 p.m. March 14 deadline, you can still go to the ResLife office located on the second floor of the J.W. Jones Student Union, but there will be a \$10 late sign-up fee. For each night over break you stay in a residence hall, a portion of your con-

tract will be charged to your account. The union food services will all be closed during break. Fortunately, the Station will be open March 22 and 24

from 4 p.m. to 5 p.m. Campus will re-open March 27 at 1 p.m. and classes start the following

ONLINE





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INSIDE

Check out Alternative Spring Break stories from students around campus.

FEATURES | PAGE 8



ISO shares food from 5 countries

International students share history, culture

By Mary Connors Missourian Reporter

English Poet William Cowper once said, "Variety is the spice of life that gives it all its flavor." Northwest's International Student Organization has kept this proverb in mind since its first international dinner in 1980.

ISO celebrated its 31st annual international dinner, March 12 in the J.W. Jones Student Union Ballroom with over 250 in attendance. ISO president Ekaterina Voronchikhina was one of the many faces representing the University in its attempt to spread multiculturalism to Northwest students and members of the Maryville com-

"Guest turnout was more than I expected this year. Many international students and residents of the Maryville community attended," Voronchikhina said. "I do wish that more of our American students would be involved, though."

This year's dinner started with a twist as ISO utilized its tech-savvy dexterity by allowing the director

of International Affairs, Jeff Foote, to greet guests and express his gratitude via Skype from Taiwan.

"In past years, the dinner began with Jeff Foote and me speaking on stage to introduce ourselves and thank our guests, but this year's introduction was an entertaining surprise," Voronchikhina said.

Among the many surprises, food and entertainment remained at the top of the list. Ethnic dishes prepared by our international Bearcats were served buffet style with over 20 cultural dishes to choose from. Recipes for the meal came from countries such

I do wish that more of our American students would be involved, though

Ekaterina Voronchikhina

as India, China, Korea, Russia and Bangladesh. Entertainment consisted of singing, dancing and an awards ceremony. Plays performed incorporated songs and

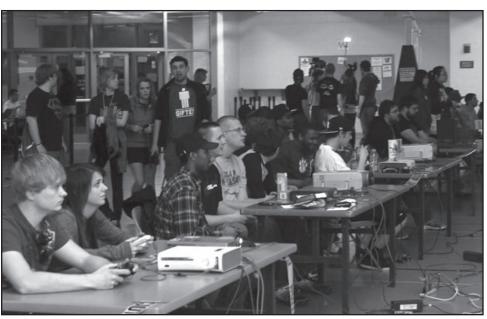
SEE DINNER | A7



KARL ACHEY | MISSOURIAN PHOTOGRAPHER

THE ISO MEMEMBERS dish out foods that were hand made by the ISO members themselves to everyone who attended the dinner.

WII TOURNAMENT FEATURE PHOTO



KEVIN BIRDSELL | CHIEF VISUAL JOURNALIST

WII PLAY XBOX played host to around 300 students this year in the Rec Center. Players were able to play a variety of games, from Wii Sports to Call of Duty.

Partnership between universities

By Ben Lawson Chief Reporter

Budget cutbacks have left universities lacking the resources to offer certain classes to students, but a recent partnership with other universities will help make up for this shortfall.

Last semester, Missouri's Department of Higher Education informed universities that departments graduating fewer than 10 students each year would have to seek alternative methods to offer classes or cut their programs. The accounting, economics and finance department at Northwest is one such department.

Department head Mark Jelavich has taken steps to ensure these majors will still be offered at Northwest. In October, Jelavich met with professors from other universities to discuss a collaborative method to offer classes.

Jelavich has worked out a plan with the University of Central Missouri and Southeast Missouri State University for each university to offer online courses to be taken by students from all three colleges.

"The courses offered are ones that everybody else teaches, and by offering them online it frees up faculty time to be put to other uses," Jelavich said.

Northwest, UCM and SEMO will each offer two online classes within the economics field. Northwest will offer labor economics and money, credit and banking, UCM will offer sports economics and econometrics and SEMO will offer international econom-

ics and imperative economics. The classes will be available for the fall semester.

Jelavich feels the larger course offering in economics will be a benefit to his depart-

"We hope to attract more majors because of these offerings as well as attract students in other majors who are interested in economics," Jelavich

The languages department at Northwest is also looking into a similar partnership. Language department head David Oehler is in discussion with Missouri State University about offering MSU's Chinese course online to Northwest students. Oehler is also looking for Arabic and Japanese courses from other colleges to offer to Northwest students.

Safe spring break awareness

By Melinda Bell Missourian Reporter

While some college students are traveling to their home towns, a few have saved up the money to travel some place warm to vacation or relax. For spring break '11, University Wellness Services, University Police and Residence Hall Association hosted their annual BobbyPalooza events to remind students to have a safe but enjoyable spring break, regardless of where they go.

This year the Peer Educators had several more collaborators present on the final day of Bobby-Palooza than in the past. Residence Hall Association, Common Ground, Northwest Student Dietetic Association and To Write Love on Her Arms are just a few. Students attending BobbyPalooza this year were encouraged to visit at least three of the tables before they ate.

"The peer educators carefully picked activities that they felt would

impact their peers as well as be fun and interactive to tailor to the students," Health Educator Jennifer Kennymore said.

BobbyPalooza events started Mar.14 and ended today. Monday, University Police educated students about driving under the influence and other safety tips. Tuesday, peer educators hosted an event about sexual health. It included interactive games and giveaways. Wednesday,

SEE **SPRING** | A7

Weekend Events

Mar. 18 Friday

All Day

- Art Exhibit: Ephemera, a National Juried Exhibition Olive DeLuce Fine Arts Building
- Ephemera exhibit closes
- Family & Consumer Sciences Week
- Senior Science Olympiad
- J.W. Jones Student Union For high school students. Hosted by the Chemistry/Physics Department.
- Softball at MIAA South Crossover Tournament, Bolivar, Mo.
- Tickets on Sale Hot 8 Brass Band Administration Building In conjunction with the Encore Performing Arts Series.

9:00 am

HDC Algebra I Network Session 3 - Pattonsburg School District This is the third date of this network series.

Baseball vs. Fort Hays State - Bearcat Baseball Field

3:00 pm

Women's Tennis at Fort Hays State, Hays, Kansas

5:00 pm

Spring Break begins

Residence halls and desks close for Spring Break

6:00 pm

- St. Joseph Alumni & Friends Appreciation Dinner for Mel Tjeerdsma - Pony Express Museum Pony Express Museum
- \$12 per person, includes a pork chop dinner

Mar. 19 Saturday

All Day

- Computing Services yearly preventative maintenance begins
- Purim begins, nightfall
- Softball at MIAA South Crossover Tournament, Bolivar, Mo.

Men's Tennis at Drury, Springfield, Mo.

12:00 pm

Baseball vs. Fort Hays State - Bearcat Baseball Field

Mar. 20 Sunday

All Day

- Purim ends, nightfall
- Softball at MIAA South Crossover Tournament, Bolivar, Mo.
- Spring begins
- Wesley Student Center Spring Break Mission Trip

Baseball vs. Fort Hays State - Bearcat Baseball Field

12:00 pm

Men's & Women's Tennis at Truman, Kirksville, Mo.

Heartland View



Northwest's Online Magazine

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Maryville honors Eckert

By Leslie Nelson Asst. News Editor

The Maryville Branch of the American Association of University Women will honor the life of a local journalist and teacher this Saturday.

The eighth annual Opal Eckert Walk will be at 9 a.m., with registration beginning at 8:30 a.m., March 20 at Bearcat

Opal Effie Eckert taught English and journalism classes for 25 years. She spent some

of that time at Maryville High School and Northwest Missouri State University. Eckert was also a Wall Street Journal Fellow and named "teacher of the year." After she retired, she continued to write "Grassroot Reflections," a weekly column at the Maryville Daily Forum.

Eckert is responsible for the Nodaway County Heritage Room at the Nodaway County Historical Museum. She also co-edited "Tales of Nodaway County," a collection of stories from Nodaway County's

first settlers. Her book and columns can be bought at the museum.

On Dec. 30, 2005, Eckert died at the age of 100 at Shady Lawn Nursing Home in Savannah, Mo. The AAUW set up the Opal Eckert Grant to provide scholarships to women in her honor. The grant will give out a yearly scholarship once they receive \$35,000.

Participants in the walk will donate any amount to the scholarship fund as a registra-

Palms to host renowned parade

By Ben Lawson **Chief Reporter**

The Palms Bar & Grill in Maryville hosted its annual World's Shortest St. Patrick's Day Parade this morning. The attraction has a unique claim to fame in that Guinness World Records once recognized it as the shortest St. Patrick's Day Parade in

The Palms Bar & Grill started the parade in 1987 and has hosted the event every year since.

"We wanted to do something different for people in the community," manager Jamie Scott said.

When the bar first started organizing the parade in 1987, it was the shortest in the world. It has since lost the title. The parade still travels the short distance of 87 feet, running north off the corner of Fourth Street to Buchanan

Each year a St. Patrick's Day Queen is crowned. To win the crown, participants must take a quiz on Irish lore and perform a talent on stage at The Palms. This year's Oueen is Rachel McKay, a senior at Northwest and a member of the Phi Mu so-

"When it was announced that I won, I was super excited and happy," McKay said. "I mean who wouldn't want to win? I am very excited to be in the parade."

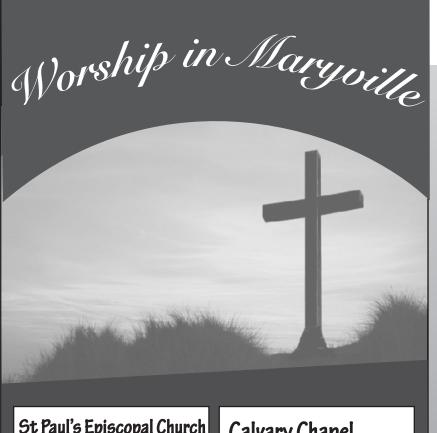
McKay won a \$100 bar tab, a Bud Light chair and a T-shirt for winning the con-

This year's parade grand marshal will be Rob Geist, a long time patron of the establishment.

The Palms relies on local businesses and organizations to contribute to the event. According to Scott, the event is just for fun, so there are no prizes for parade participants.

Each year local car dealerships bring new cars to show, Greek organizations on campus walk dressed as leprechauns and local businesses make floats for the

"It's just a chance for the people of Maryville to come out and celebrate St. Patty's Day," Scott said.



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Pastor JD Dirks 24770 Interlude Road (Take 16th Street all the way East, turn left, follow signs)

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10:00 Church at Hope 5:30 Home-cooked fellowship dinner

8:30 Wednesdays in the Word Friday:

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NODAWAY HUMANE SOCIETY YAPPY HOUR



LORI FRANKENFIELD | CHIEF VISUAL JOURNALIST

DUSTIN KOOPMAN GIVES his dog Bernie a treat at Yappy Hour at The Pub on Friday. Yappy hour is every second Friday of every month and all proceeds go to the Nodaway Humane Society. To find out more about Yappy Hour see our news brief on A7.

NODAWAY COUNTY SHERIFF'S DEPARTMENT POLICE REPORTS

Feb. 16

Isha N. Pullen, 30, Bedford, Iowa, was arrested on a Nodaway County warrant for possession of a controlled substance, except 35 grams or less of marijuana and unlawful use of drug paraphernalia.

Feb. 18

Daniel W. Whittington Jr., 29, Branson, Mo. was arrested on a Nodaway County warrant for Dist/Del/Manf/ Produce or possess with intent to Dist/Del/Manf/Produce a controlled substance and possession of a controlled substance, except 35 grams or less of marijuana.

John M. Maedche, 31, Clarinda, Iowa. was arrested on a Nodaway County warrant for drug possession of any meth precursor drug with the intent to manufacture meth.

Mar. 3

A Burlington Jct. Mo. subject reported that someone had trespassed onto his property.

Melissa S. Chesnut, 31, Hopkins, Mo. was arrested for endangering the welfare of a child.

Mar. 6

Jeremy D. Bradshaw, 30, Maryville, Mo. was arrested on a Nodaway County warrant for theft/stealing, peace disturbance, and unlawful use of drug paraphernalia.

Colton L. Hibbs, 19, Sheridon, Mo. was arrested for minor visibly intoxicat-

Mar. 10

Montana B. Walker, 21, Bolcow, Mo. was arrested on a Nodaway County warrant for possession of a controlled substance, except 35 grams or less of marijuana and unlawful use of drug paraphernalia.

Christopher J. Needels, 30, Ravenwood, Mo. was arrested for endangering the

welfare of a child. Kelly N. Lemm, 26, Ravenwood, Mo. was arrested for endangering the welfare of a child.

Andrew K. Lehmar, 20, Maryville, Mo. was arrested on a Nodaway County warrant for possession of up to 35 grams of marijuana and unlawful use of drug paraphernalia.

MARYVILLE PUBLIC SAFETY

Mar. 3

George S. Garten, 68, Maryville, Mo. was charged with a code violation at 900 block West 3rd Street.

Patrick S.H. 25, Quitman, Mo. was charged with driving without a valid driver's license, failed to display plates and failed insurance at 100 block South Mulberry.

Mar. 9

There is an ongoing investigation for fraud at 1600 block South Main.

Mar. 10

Venus K. Chhabra, Maryville, Mo. was charged with driving while revoked, equipment violation, and failure to maintain financial responsibility at 300 block East 7th Street.

Brandi N. Lake, 23, Maryville, Mo. was charged with driving while intoxicated and failure to maintain right half of the roadway at 100 block North Depot.

John M. Carden, 35, Savannah, Mo. was charged with driving while intoxicated and failure to affix front license plate at 600 block North Market.

Davis A. Dixon, 41, Savannah, Mo. was charged with providing false info to PSO at 600 block North

Mar. 11

Erik D. Hergins, 21, Maryville, Mo. was charged with driving while intoxicated and failure to register a motor vehicle at 200 block North Main.

Tyler Q. Hammontree, 20, Independence, Mo. was charged with minor in possession at 400 block North Buchanan.

Mar. 12

Kevin R. Meyerhoff, 22, Maryville, Mo. and Cody S. Melton, 23, Maryville, Mo. were charged with permitting a peace disturbance at 1100 block North College Drive.

Daniel J. Irvine, 23, Clearmont, Mo. charged with disorderly conduct at 300 block North Market.

Mar. 13

Sean M. Hutchison, 25, Maryville, Mo. was charged with failure to comply at 300 block North Market.

There was a recovered bicycle at 800 block North Buchanan.

There was a recovered bicycle at 500 block North Mulberry.

There is an ongoing investigation for larceny at 1200 block East 3rd Street.

Graylon R. Saunders II, 21, Maryville, Mo., Thomas M. Jones, 21, Maryville, Mo., and Christopher L. Tate. 22, Maryville, Mo. were all charged with assault at 400 block North Buchanan.

Mar. 14

There is an ongoing investigation for larceny at 200 block West 3rd Street.

Scott A. Hoit, 51, Maryville, Mo. was charged with dog at large at 500 block South Saunders.

The Nodaway County Sheriff's and the Maryville Public Safety Departments provided incidents reported in this log. All subjects are innocent until proven guilty KEVIN BIRDSELL | CHIEF VISUAL JOURNALIST

OVER THE COUNTER medications, including pseudeophedrine, are some of the main ingredients of homemade meth. The most recent tactic by the state to thwart meth production is to have 1,300 pharmacists state wide to register medicine sales.

OUR VIEW - KEEP PSEUDOEPHEDRINE NON-PRESCRIPTION

Paying the price for meth

Missouri has many nicknames, the least favorable of which is "Meth Capital of the World." We hold about one-fifth of the recorded meth busts in the U.S., according to Missouri Highway Patrol. But the only thing longer than our history of meth use is the list of failed enforcement plans.

The most recent tactic required 1,300 pharmacists statewide to register allergy medicine sales through a complicated electronic database. This would monitor and prevent the stockpiling of pseudoephedrine, a chemical found in allergy relief medicine like Sudafed, which is used in meth production. It went into effect early 2010.

However, meth cooks cleverly invented a new way to produce the drug with small amounts of pseudoephedrine, known as the "shake and bake" method. The new method is significantly more combustible, contributing to a higher rate of burn treatment in Missouri.

Missouri policy makers caught on, and have proposed making pseudoephedrine a prescription-only drug. Washington County in eastern Missouri made this change in July 2009, with

negative results (see sidebar).

This policy hurts the upholders of the law, due to the increased cost and hassle of obtaining a prescription for each purchase of simple allergy relief medicine. But the office of Democratic Governor Jay Nixon would make that sacrifice, and proponents would agree to it, if it reduced the number of meth use and meth-related inci-

As long as we are asking things of Missouri residents, why not simply ask us to be more aware? Meth is one of the most public of the illegal drugs due to conspicuous combination of ingredients and paraphernalia, the immediate physical effects on users and of course the sulfuric-like odor during production.

Missouri's most recognizable nickname is the Show-Me-State. Missourians, show me you care about the reputation of our state and the welfare of your neighbors. Show police officers suspicious activity that could be linked to meth production. Show Nixon that the innocent need not suffer to halt Missouri's rising meth addiction.

When Northwest ceases to be 'public'



When is a public institution no longer a public institution? When only 29 percent of its budget comes from state

Northwest received \$30.4 million in appropriation dollars for this fiscal year, which equates to 38 percent of its total budget. Democratic Governor Jay Nixon's budget recommendation included a 7 percent cut in state funding for Missouri higher education institutions. When the general assembly votes, they will likely retain Nixon's recommendations within a few percentage points. This could mean that at least 70 percent of Northwest's revenue would come from tuition, fees and

Given the recent drop in public funding, next year's meager budget is no anomaly. Since fall 2007, Northwest's enrollment has grown 16.8 percent. At the same time, public funding has dropped 12.1 percent, according to Provost Doug Dunham. We are not growing beyond our means, but rather beyond what the state is willing to support.

This year, 56 percent of our revenue came from tuition and fees, topping state appropriations by 18 percentage points. Dunham said those figures were nearly reversed as little as 15 years ago.

Unless grant monies uncharacteristically flow like a river into Northwest's academic halls and saturate our budget, our revenue options are perilously limited. Meanwhile, state-imposed restrictions on tuition increases place our budget tightly between a rock and a hard place. Under S.B. 389, Northwest could not raise tuition by more than the Consumer Price Index growth of the previous year, which for 2010 was 1.5 percent. If we did, we would face a fine of 5 percent of our state appropriation monies unless we asked for a waiver from the Coordinating Board commissioner. What we have here is a state-funded institution supporting less than one-third of our financial needs yet limiting our options on ways to make up the difference. At the same time, they still exercise full authority over our curriculum regulations, sometimes mandating program cuts like the ones we saw in the fall.

Is this a leash we can sever? Is privatization the key to these financial shackles? Imagine Northwest unburdened by state requirements on tuition caps and even curriculum constraints. Tuition would rise to support our hand-chosen curriculum and degree specialties, as well as quality educators and the hiring of new faculty and staff to quell our high student-toteacher ratio. It would then wane after we find our niche as Missouri's premier hands-on, affordable and medium-sized liberal arts school. Unbridled by state regulations, we would essentially be a leaner, meaner and private version of our current self.

Perhaps the recent global democratic uprisings can inspire this independent mentality within Northwest policymakers. However, 29 percent is better than nothing it could take years of consecutive budget cuts before they would say goodbye to our status as a public institution.

CAMPUS TALK

Should decongestants require a prescription to thwart meth production?



"I just think that it's really abuse, and if you are really sick then you are going to go to the effort to get (prescription medication)."

Jamie Siebert Child and Family Studies



"No, because the fact that they are making methampthetamines in the first place they are obviously not caring about the fact that it's legal or illegal."

Taylor Moore Biological Psychology



"No, because if you are making meth, chances are you are doing illegal things to gain access to the ingredients anyway, so what is going to make a prescription hard to go around?"

Angalena Scavuzzo **Public Relations**



"In all actuality, there are a lot more difficult ingredients that make meth that are harder to come by than cough syrup. For many of us who actually need cough syrup, that'd be a killer for us."

> Dennae Moore Geology



"In a way, I would prefer it to be (prescription) just so that those people who

are using it for other things can't use it, but all at the same time I kind of think it shouldn't have to be."

Lindsey Winton Recreation Therapeutic

Construct a stress-free schedule for inner balance



A friend once told me that I need to find my "inner balance," something she said could prove very useful. She could have meant balance through religion or meditation, but managing your time can be part of this internal balancing act.

With the stresses from midterm tests fading away and term papers, projects and next year's enrollment looming on the horizon, it is the right time to begin your internal journey to balance. It may seem overwhelming at first, but if you take your mountain of

work one day and one step at a time, you will soon find everything complete.

For example, I had a history term paper assigned to me at the beginning of the semester. As a typical college student, I chose to procrastinate. However, with a little time management, I soon found my paper complete. It was really hard to get motivated in the beginning, but I gave myself small goals and worked on it a little at a time, which made my five-page research paper seem a lot more manage-

The University of Illinois in Chicago reports that 30% of freshmen and 38% of college women often feel overwhelmed by stress. Classes, the ever-

available friends and the all-too-easy-to-procrastinate homework can create tons of stress that is all encompassing. This stress makes it very difficult to keep your schoolwork and grades in check. It can feel like you're staring at the knees of a giraffe when you think about how much work vou have to do and how little time there is to

With a little balance in your life, all the stresses fade away. When you budget your time wisely, you'll be amazed at what you can accomplish. You do not necessarily have to devote a whole day to work, either. A few small goals are all you need to get yourself on the path of academic success. If you resolve to write half of a page every hour and stick to that, your paper will soon be complete. It might not seem like you are getting anywhere to begin with, but from the smallest seeds do the tallest trees grow. It is also perfectly okay to reward yourself. Working awhile and then playing awhile helps you accomplish more and makes a day dedicated to work seem a little more manageable.

When your stress load has been lightened. maybe you can also take a little time to go on the journey to "inner balance" my friend was telling me about. You'll at least have some internal balance from managing your time to seek academic success.

WHAT THE DEUCE - OIL PRICES DEMAND A NEW ENERGY POLICY

Japan, Middle East disrupt oil economy

The world held its breath for Saudi Arabia's "Day of Rage," fearing \$200 oil barrel prices, but the day of reckoning never came. We breathed a sigh of relief, only to find gas prices still on the rise. Obviously, the gas price hike is due to the price of oil climbing into the triple digits. Not so obvious, however, is America's strategy for dealing with those high oil prices.

Japan is the world's third-largest oil consuming country, constituting a hefty chunk of the global oil demand. Their oil refinery plant in Ichihara was shut down after being ruptured by the quake, cutting about 220,000 barrels per day from their oil demand.

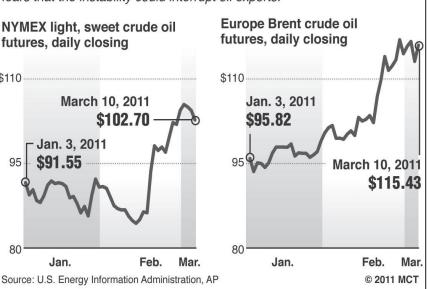
political upheavals However. across the Middle East and northern Africa drove the price as high as \$104 per barrel in the U.S., a 2 1/2-year high. The foreign democratic rebellions have simply spooked the market into an upward spiral - no major oil power has changed hands throughout the scuffles in Egypt, Libya, Bahrain and elsewhere.

In a press hearing, President Barack Obama suggested that the U.S. Strategic Petroleum Reserve would be opened "should the situation demand it." This has been Obama's first real foray into the oil debate, having spent his first two years in office without endorsing offshore drilling or major stra-

Rising prices Crude-oil prices continue to rise as violence in the Mideast plays into

fears that the instability could interrupt oil exports.





tegic implementations of alternative

If future Middle Eastern rumblings still serve as an indicator of continually rising oil prices, he needs to come up with a proactive initiative to reduce our

oil addiction instead of simply adapting to the aftershock of global unrest. Simply probing our domestic oil supply is good for a quick fix, but a longterm energy plan showcasing renewable sources is the best defense against

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Pastimes of professors



DARRELL LONG | VISUAL JOURNALISTS

BOTTOM: JASON OFFUT holds up one of his book on paranormal activity in Missouri. Far Right: Anthony Olson with his ĈD on Louis Moreau. Middle: John Gallaher writes poetry and has a book he coathoured with G.C. Waldrep. Left: Phillip Messner with his online collection of sterling silver jewerly.









Professors engage in extracurriculars

By Leslie Nelson Asst. News Editor

Iohn Gallaher was jotting down song lyrics in high school when he realized his love for poetry. Jason Offutt told his parents he wanted to write books when he was in elementary school. The challenges of learning to play and write music drew Anthony Olson into a career of music. Phillip Messner's love for rocks and gemstones sparked an interest in jewelry making.

These activities are not just hobbies to these Northwest professors. Many faculty members, including the ones above, are involved with extensive activities and projects outside of their teaching careers.

This May, John Gallaher, associate professor of English, will release a book of poetry he co-wrote with poet G.C. Waldrep. "Your Father on the Train of Ghosts" was written through a year's worth of e-mail correspondence between the two.

"It ended up becoming like the poems we were sending back and forth became our experiences of the day and then so that became the stage upon which we then wrote our next poem," Gallaher said.

This is Gallaher's fourth book. Three of them are books of poetry and one is a book of essays on poetry.

Gallaher gets his inspiration from what he hears and what happens during his day.

"I keep a little notebook,

laher said. "I just write in it constantly of things I overhear, turns of phrase, interesting concepts, and I just keep filling it up."

Gallaher has written poetry for almost 30 years.

Mass communications professor Jason Offutt ditched his newspaper job to chase his childhood dream of writing books.

"When I was in college, I took a lot of creative writing classes and I was with a lot of other people who said things like, 'I'm writing a book,' or 'I'm going to write a book,' and then I never saw the book," Offutt said. "And I decided I didn't want to be one of those people."

Offutt's first book was never published. It was not until 2005 that he successfully wrote and published a book. "On Being Dad" is a collection of essays about his experiences as a father.

The other four books are about paranormal activity. Offutt became interested in the paranormal after seeing a small boy in the hallway outside his room when he was a

'There was no way he could have been in my house," Offutt said.

The farmhouse where his family lived was six miles from the nearest town and Offutt did not recognize the boy. He could see the bookshelf through the figure.

Offutt writes every day for two hours. Writers' block is not a problem for him. He has

"I sit at the same desk, in front of the same laptop, with the same lighting conditions, same beverage, same (music), if I decide to have any music on," Offutt said. "Everything is exactly the same every night when I sit down, so my brain knows it's time to write."

Offutt writes a paranormal blog to accompany his books. He is now trying to find a publisher for his fifth book.

Last month, associate professor of piano Anthony Olson released a CD of American pianist Louis Moreau Gottschalk's work.

"I found his music very Olson said. fascinating," "Throughout his life he would tie in local folk music and popular music of wherever he happened to be. Earlier in his life, he was very influenced by the rhythms he heard in New Orleans growing up. When he was in Europe, he copied a number of the dance tunes

One of the songs included on the CD was influenced by American folk songs from the Civil War. Olson's track list follows Gottschalk's travels.

Olson became interested in music during his senior year of high school. He decided to major in music during his undergraduate years of college. He had a lot of catching up to do, as most music majors start learning those skills in high school.

"I think it was the complexities and challenges that and something I, personally, wanted to overcome and do well in."

Olson practiced 30 to 50 hours a week to make up for those lost years in high

His next CD will feature music by Frederic Chopin and is ready to be published. He hopes it will be released in the next year.

Professor of educational leadership Phillip Messner makes Bessel-set, handcrafted sterling silver jewelry.

He first began making jewelry in graduate school. He took his love for polishing and collecting rocks and decided to turn the rocks into jewelry

"I like flashy things," Messner said.

Messner buys rocks such as African green opal, apatite, Mexican crazy face, turquoise and quartz off the Internet. He cuts and polishes each rock to fit a desired size. Wire is then cut and welded to each rock and designs are created by welding extra wire to the bessels. It takes him a few hours to construct each piece.

'The ability to visualize something and see it constructed is very rewarding, that's why I do it," Messner

His jewelry is shown and sold at area galleries and

Northwest faculty members are involved in much more than grading assignments and giving lectures. Their work extends much furit's always in my pocket," Gal- developed a routine to help were just fascinating for me ther than the classroom walls.



Calvary Chapel EVENTS:

March 25-26th - Worship Conference. Friday March 25th 6 p.m. - 10 p.m. Saturday March 26th 8 a.m. - 4 p.m.

Every Sunday:

9:00 a.m. Prayer 10:00 a.m. Worship **Every Wednesday:**

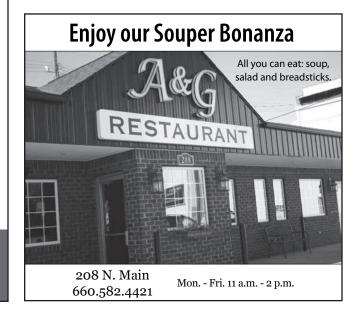
5:30 p.m. Women's Study 7:00 p.m. Worship

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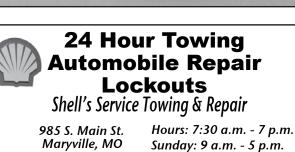
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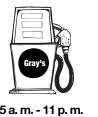
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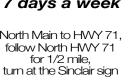
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METH

Continued from A1

Drug Abuse. Until recently, meth has reigned supreme throughout the Midwest, infamously naming it the meth capitol of America. Darren White, Nodaway County sheriff, said Missouri is currently number two behind Tennessee.

Meth follows only the commonly used marijuana leaf as the most widely abused illicit drug in the world, according to the World Health Organization. It is also the most common synthetic drug manufactured in the U.S.

"Truthfully, the worst drug is whatever the individual person happens to abusing... however, meth is an incredibly addictive drug," White said. "And it's one of those drugs, the first time you try it, you're probably hooked on it."

According to pbs.org, Missouri has recorded the highest number of meth lab seizures in the nation since 2001. Last year, meth seizures jumped 10 percent, from 1,774 in 2009 to

1,960 in 2010 according to the Missouri State Highway

As the numbers continue to increase, the meth epidemic spreads, reaching more and more rural areas. Nodaway County recently has seen its fair share of meth-related activity.

On Feb. 16, the Nodaway County Sheriff's Department issued 26 felony warrants concluding an investigation.

Within the month of February, 25 people were arrested for possession of meth in Nodaway County.

"Meth is something

that's been around for a long time," White said. "Since I've been in office it's something that we've tried to approach with a more aggressive attitude.

"We're not so stupid to think that we've eliminated this problem, because we haven't, but we're doing everything that we can to keep the people that are involved really stirred up and kind of off center so that we can keep attacking the problem. And that's really what we try to do."

White said that one of the reasons Nodaway County is susceptible to more meth activity is due its rural environment.

'The ingredients they need to cook meth are so readily available where we live," White said. "Because we live in a farming and agricultural community, there's easy access to anhydrous ammonia, which is one of the big chemicals used in the production of methamphetamine."

Anhydrous ammonia, according to www.ndhealth. gov, is a colorless and highly irritating gas with a sharp suffocating odor, which at high levels of exposure can cause death.

Some other common ingredients in meth include battery acid, chloroform, rubbing alcohol, pseudeophedrine, drain cleaner and ephedrine, to name a

As deadly a drug as meth is, as many lives as it destroys and as many families as it affects, it continues to spread, reaching out with cold deathly fingers. Meth has had a hold on Missouri for at least a decade now and although law enforcement and pharmaceutical companies are doing everything they can, the break through is not yet on the horizon.

WOMEN

Continued from A1

owed it to the rest of the MIAA to show them what our conference is all about. People think we were soft this year, and I think we came in and showed the Lone Star that the MIAA can compete with anybody."

Dietz, and senior post Kyla Roehrig were named to the All-Regional Team along with Curtis, who was named Most Valuable Player of the tournament.

"The mindset of my players is the most important now," Steinmeyer said. "We didn't just settle for the MIAA championship, we didn't settle for the (MIAA) Tournament Championship. Now will we settle for the Regional Championship? Will we pat ourselves on the back and go to spring break? I hope not. I hope we come to St. Joe with a purpose, because every step of the way it's going to get tougher."

California Polytechnic-Pomona enters the Elite Eight as the West Regional Champions, defeating Grand Canyon University 68-61. The Broncos enter play with a 28-4 record and California Collegiate Athletics Association Championship.

"(Northwest Sports Information Director) Brian

(Boettcher) told me that they've got three National Championships," Stein-meyer said. "So its not like they're haven't been there. In our division, we're the only non-number one seed. I'd love to sit here and worry about Arkansas Tech., because they beat us (by) 20 last year at home, but I can't afford to. I gotta worry about Pomona. I gotta have really blinders on when I go into this tour-

nament."

SPRING

Continued from **A2**

the peer educators hosted an event in regards to safe tattoos and piercings. There were also giveaways and students present giving Henna tattoos for a small fee. All events took place in the J.W. Jones Student Union.

"My goal is to have students realize it is important to think about our actions and the choices we make," Peer Educator Brooke O'Donnell said.

Today, the final BobbyPalooza event took place on the east side of the Union. University Police cooked hotdogs and hamburgers while several organizations had tables set up with interactive and informational activities.

"I am excited about all of the events," Peer Educator Jessica Conant said. 'The events have given students good information about topics like tattoos, piercings, sex, driving safe, water safety and more"

All peer educators would like students to go about their spring breaks with a these safety tips in mind: swim safe, do not drink, be a friend, take a stand, come back to Northwest, have a designated driver and love with

LEE

Continued from A1

ent nation and culture, Lee found difficulties adjusting to American lifestyle when first coming to the Academy

last year.
"Commutation is the hardest part," Lee said. "I just wanted a new experience, I wanted an adventure."

Lee is looking to use

the award she received to help boost her resume and continue her education in America. Lee has been accepted to both Georgetown University and UCLA and is yet to decide which school will be best for her future after graduating from the

Academy in May. There will be a ceremony held in Columbia this May to honor all of the students recognized for the achieve-

DINNER

Continued from A2

dances from one country to

"It was a great experience to introduce the culture of those five countries to people," Voronchikhina said.

Every year, during the last weeks of February ISO's dedicated team begins organizing the annual diner.

"We usually have two to three weeks to get publicity, entertainment and decorations done," Voronchikhina

This event is one of many prepared by ISO in efforts

to raise cultural awareness on campus and in the community. The dinner symbolizes the conclusion to all events hosted throughout the school year. Although the organization has few volunteers and no sponsors, they have never received any negative feedback, only positive praise for their cultural integration efforts.

Coming from Russia, I never thought I'd become friends with people from so many different cultures," Voronchikhina said. "It's important for people to get acquainted with different cultures and to be aware of what is going on in other parts of

NEWS BRIEF

Humane Society Yappy Hour' attracts dog owners

By Trey Williams News Editor

Last month, the New Nodaway Humane Society hosted its first ever "Yappy Hour," an event tailored for dogs and their

The event, held at the Pub in downtown Maryville allows owners to bring their dogs in during happy hour and interact with other. The humane society said that "Yappy Hour" was such a big success that they are going to continue the event and host it on the second Friday of every month.

For anyone who partakes in "Yappy Hour," there is a \$3 charge per dog. The success of last month's event brought in nearly \$200.

Along with "Yappy Hour," the humane society will also take part in the St. Patrick's Day festixvities the best way it knows how. It will offer a \$10 discount on adoptions of dogs and or cats for anyone who comes in to adopt wearing green.

The New Nodaway Humane Society is located at 829 S. Depot St. and can be contacted at 660-562-3333

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Students spend vacation time helping

By Amanda Schulte-Smith Feature Editor

Most students use a week off from school to sleep, relax and avoid as much work as possible in order to achieve the perfect spring break. While many of us view a vacation as a great experience during the semester, dozens of our fellow peers are taking a leap of faith, traveling miles away from home to serve others and make a difference in our world.

Alternative Spring Break programs, whether they are through the University or a neighboring religious association, have grown in numbers these last couple of years, flooding with volunteers ready to give up their time away from school in order to serve others.

The locations are based on availability, select parts of the country to travel to that are in need of help. Students build houses through Habitat for Humanity, clean up places in New Orleans still struggling because of Hurricane Katrina and even take work on a smaller scale by just mowing an elderly person's yard.

The vote is unanimous; participants who have gone on a service trip have come back raving about who they

met, what they saw and how it has opened their eyes to something new. Students and faculty alike share their experiences with the hope that more people will want to experience the potentially life changing experience these service trips can be. Freshman Hannah Jurgensen is excited to participate in the Baptist Student Union's Spring Break trip to Oklahoma this march.

"I'm really excited to go. I haven't been on a lot of mission trips so I think this will give me a chance to get close to people at the BSU," Jurgensen said.

The BSU mission trip has been a tradition for the organization, giving students the opportunity to go serve at any point in their college experience. BSU Director Jason Yarnell says there is a lot of enthusiasm in their group from members who have gone in the past. He encourages students to participate in a program like this any chance they

"It truly is a life altering experience, you get to build relationships and get to have an entirely new and different experience," Yarnell said, "Right now as students, you have such a unique opportunity to be able to do that, you

may never get it again so jump on it while you can."

Yarnell said that while the BSU uses the experience to grow closer to God, these mission trips are open to anyone.

"Whether you are a believer or not, we are so sheltered here in Maryville and a trip like this changes you in so many ways," Yarnell said.

Ignoring the obvious benefits of what the trip could be, they also give students the chance to connect with each other on a very personal level, allowing them the potential to make lifelong friends. These trips pose as the perfect opportunity to reach out to the less fortunate living in our world. Sophomore Allison Babb says she is excited to connect with her and see what God will do in her life when she joins nine of her Gamma Alpha Lambda sorority sisters on their mis-

sion trip to Chicago.

"This is such a great chance to see what's out there, see people who are struggling and how just talking to them can make such an impact," Babb said, "I cannot wait to see how the Lord will use the girls to serve and what great fellowship we will have while

we are there."

The decision to take that

It truly is a
life altering
experience,
you get to
build relationships and get
to have an
entirely new
and different
experience."

Jason Yarnell

leap of faith can be a difficult one for many, but Babb encourages those thinking about it to take that chance.

"The advice I would give to students thinking about going on a mission trip is, 'don't hold back.' Don't let your goals be small because by going your life is bound to change," Babb said.

So instead of staying at home over break, take a chance to experience something new for a change. Going somewhere new can change your life dramatically just ask those students who have done it.







SUBMITTED PHOTOGRAPHS | NEWMAN CENTER

STUDENTS FROM NORTHWEST'S Newman Catholic Center traveled to New Orleans last year to help with clean up and reconstruction after Hurricane Katrina.



- * Over 300 students went on mission trips over spring break last year
- * Around 200 students went on mission trips over Christmas break 2010
- * Around 350 students will go on mission trips this year
- * Our numbers are comparible to District 1 schools

AT YOUR LEISURE

What's

Brittany Spears is back

The pop star received four stars from Rolling Stone for the release of her new album, Femme Fatale. Fans everywhere are ready and waiting to purchase the album on iTunes.

Soccer fans rejoice the start of MLS

Combine New Years and Thanksgiving and you have the biggest celebration in soccer since the World Cup. The opening game for MLS on Tuesday night brought soccer fans everywhere together to watch the big



Sunny days becoming lim-

volved, protesting proposed federal spending cuts to pub-

Japan's ongoing struggle

After the recent earthquake is under continuous risk for radiation poisoning from nearby nuclear plants.

Battle: LA brings the action

By Ty Stevens Convergence Editor

Marines. Aliens. Los Angeles. That is the basic premise of Battle: LA. With the summer blockbuster season upon us, Battle: LA tries to wet our appetite with explosions and special effects that would make Michael Bay jealous.

In the movie, aliens invade earth for our resources and a ragtag team of Marines are all that is left to stop the alien

The realism of this movie is captured not only in the actual Marine jargon, but also in the camera work. From the first encounter with the aliens in a smoky destruction-filled street, the gritty realism of the shots leaves viewers with the feeling that they are there

odeBlue

HITETAII

4563200

with the Marines as missiles fly overhead and orders are barked, demanding a clear al-

There are, of course, the classic clichés we have come to expect from Hollywood. There is the grizzled sergeant, the rookie and the hot girl with brains, among a sea of forgettable characters. However, Aaron Eckhart's grizzled sergeant stands out and truly anchors the film, lending a bit of credibility to the other char-

Along with the camera work, are gorgeous special effects and panoramic shots of a completely destroyed Los Angeles. Constantly found with jaws on the floor every time one of these shots appeared on

The aliens are a mix match

of infused machine and flesh, creating an interesting take on E.T. that scares even the most hardened Marine.

Aside from the special effects, there is not much else. The story, what little there is, is mundane and unoriginal. Most of the characters are forgettable and clichéd. Even some of the somber notes in the movie lack the punch needed because you end up not caring that some guy you met five minutes ago is now

With that aside, if you go into the movie expecting a wild ride of explosions and special effects that will make your eyes scream for more, you will be very satisfied. Battle: LA gets a 3/5 on the movie scale and a 5/5 for possibly being the manliest movie of March.



Director- Jonathan Liebesman Writer- Christopher Bertolini Release Date- March 11 Genres - Action, Sci-Fi, Thriller



Rated-PG-13 for sustained and intese sequences of violence and destruction, language

ited for Sesame Street

From Sesame Street to Capitol Hill, the real life actors behind the hit PBS children's program are getting inlic broadcasting.

with nuclear radiation

and many after shocks, Japan

THE STROLLER

What your walk says about who your person

There are three things in life that I've acquired great talent for: strolling, observing and thumb wrestling. I've also developed a knack for living undetected in Dieterich's laundry room for extended periods of time, but a couple of dogooders have kept this from becoming a true talent.

With respect to the first two, I have also gotten quite good at observing others' strolling forms, and have gathered that most of you have no idea what you're doing. Even the most advanced strollers walk around at a 7th grade level. Aren't they teaching you guys this stuff anymore? No? Alright, pull up a chair and let me show you how it's done.

I know it's trendy to avoid eye contact with someone, but let me tell you: man up and face your fears. Establish dominance over whomever your iris competitor might be. Stare deeply as if to penetrate their very soul, and if you do it right, the opposition will tremble in fear and look away. Give a deep Bearcat growl and be on your way.

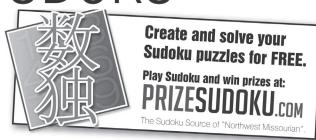
Also, hold the door for people. I'm not talking about standing there, awkwardly balancing your weight on your left big toe while your right hand is extended back while your eyes impatiently refuse to acknowledge the person behind you. Hold the door, once again, like a man. Let other people walk easily through the doorway while you stand back and hold it open for them. I skip class to do this.

Finally, don't avoid walking next to someone - seekit. Nothing tops the feeling of sneakily matching the pace (bonus points for matching the step rhythm) of that busybody who is bustling their way to what must be a highly pressing appointment. Glance over at them once, maybe twice, and the third time they'll glance back. Pick a conversation starter they cannot casually retort, such as, "Don't you hate it when Orscheln's raises the price on Whitetail buck urine?" In the odd case that your victim does in fact hate it when Orscheln's raises the price on Whitetail buck urine, you win at life.

I hope this helped. Now if you'll excuse me, I'm off to a certain farm implement store to engage in casual conversation about urine prices.

The Stroller has been a tradition since 1918 and does not reflect the views of The Northwest Missourian.

12



To play: Complete the grid so that every row, column and every 3×3 box contains the digits 1 to 9. There is no guessing or math involved, just use logic to solve.

Hard

		3	4		9	5		1
4	9		8					3
8	5							
	3		5					
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Medium

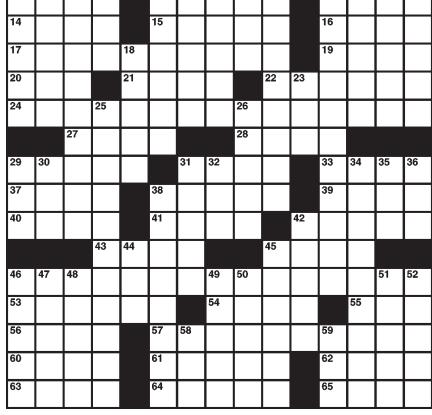
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5	4	1	7	9	8	6	3	2
6	7	8	2	3	5	4	1	9
3	9	4	8	7	2	5	6	1
8	1	7	9	5	6	2	4	3
2	6	5	1	4	3	9	8	7
7	8	9	5	1	4	3	2	6
4	2	3	6	8	7	1	9	5
1	5	6	3	2	9	8	7	4

Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

ACROSS

- 1 Plain type?
- 5 Company whose name is quacked in ads
- 10 Finishing nail
- 14 Work
- 15 Sporty Mazda 16 Slick
- 17 Where to sleep off a bender?
- 19 Atl. republic since
- 1944 20 Aurora's
- counterpart
- 21 Smart guy?
- 22 Pivoting points 24 Anxious campus
- society?
- 27 La Tar Pits 28 Yankee nickname
- 29 Worked with
- horses, in a way 31 2008 Libertarian
- presidential candidate
- 33 Like some rugs 37 Pool shade
- 38 Hair styling
- prodigy?
- 39 Off the mark 40 Abbr. followed by
- a year 41 Part of the dog
- days of Dijon
- 42 Fund 43 Friend of Dalí
- 45 Atterbury Street
- gallery 46 Talented
- jazzman? 53 Dag
- Hammarskjöld's
- successor
- 54 Cramming
- method 55 Disturb, as the
- balance
- 56 Frost, say 57 "Airport music so
- early?" 60 Regarding
- 61 Dino's love
- 62 Lhasa 63 Headlights starer 64 Mearth's mother,
- in a '70s-'80s sitcom
- 65 Flunky
- **DOWN** 1 Pianist Hofmann



By Don Gagliardo

- 2 "I'm just wayfaring stranger": song lyric
- 3 More than just
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- 4 Indirect route 5 Earhart of the air
- 6 Sole order
- 7 Door fastener 8 Scarfed up
- 9 Frequent Martha's Vineyard arrival
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- (c)2010 Tribune Media Services, Inc.
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of Clyde

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47 Make restitution

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51 Playground retort

52 Watch from the

trees, say

- 59 "The Gold-Bug"
- monogram



SETH COOK | CHIEF VISUAL JOURNALIST

SENIOR OUTFIELDER KIT Daugherty makes contact with the ball in the 'Cats' first game against Nebraska-Kearney Tuesday. The 'Cats swept their opponent 5-0 and 6-2.

THE WIRE

Shaw named All-American

Junior hurdler Tyler Shaw once again earned the title All-American in the 60-meter hurdles.

Shaw ran a program record 7.97 seconds, the first Bearcat to run the event in under eight seconds, and finished fourth overall at the NCAA National Indoor Track and Field Championships Saturday in Albuquerque,

Shaw is a five-time All-American, three times indoors in the 60-meter hurdles and twice outdoors.

Shaw finished as the national runner up indoors as a freshman and took sixth place last year.

Tyler Sipes of Grand Canyon (Ariz.) claimed the national championship with a time of 7.75s. Emporia State's Andrew Etheridge came in second in 7.94 seconds and Karl McFarlane from Chadron State (Neb.) was third with a time of 7.96s.

Harrison earns MIAA honors

Senior Malcolm Harrison was named the MI-AA's Tennis Player of the Week for his performance last week.

Harrison, the No. 29 singles player in the country, went 3-0 in his No. 1 singles matchups, winning all three in straight sets.

He also partnered with senior Vijit Sehgal at No. 1 doubles to win two out of three matches. The No.

25 ranked duo's lone loss came in Northwest's 5-4 loss to Washington University (Mo.) last Friday.

The 'Cats defeated Missouri-St. Louis 8-1 last Saturday and Southeastern Oklahoma State 6-1 on Sunday.

Harrison is undefeated in singles play this season with only the single blemish on his record in doubles competition.

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SOFTBALL MIAA STANDINGS

Overall MIAA

Ovciali iviii'u'i				
Central Mo9-7	2-0			
Truman10-9	1-1			
Lincoln (Mo.)5-7	1-1			
Mo. Western16-4	0-0			
NebOmaha14-4	0-0			
Emporia St 12-5	0-0			
NORTHWEST9-5	0-0			
Fort Hays8-5	0-0			
Mo. Southern 11-7	0-0			
Pitt. State4-7	0-0			
Washburn5-9	0-0			
S.W. Baptist1-5	0-2			
*				

Tomorrow:

NORTHWEST vs Pitt State Lincoln vs. Mo. Western Emporia St. vs. Fort Hays Mo. Southern vs. NORTH-WEST

BASEBALL

MIAA STANDINGS

	Overall	MIAA
Emporia St	11-0	8-0
Central Mo	12-2	7-1
Washburn	6-5	6-2
NebOmaha	7-4	5-3
Fort Hays	8-6	5-3
Mo. Western	6-7	5-3
Mo. Southern	n 8-6	4-5
Pitt. State	6-6	3-6
S.W. Baptist.	3-7	2-6
Lincoln (Mo.) 2-6	2-6
Truman	2-10	1-7
NORTHWES	T 1-12	1-7
Tomorrow		

Fort Hays at NORTHWEST Mo. Southern at Truman S.W. Baptist at Emporia St.

Saturday:

Fort Hays at NORTHWEST

PICKS

Continued from A14

Most Intriguing Matchup

Jason Lawrence

6 Cincinnati vs. 11 Missouri-Missouri has struggled mightily away from Mizzou Arena leaving a tough task for the Tigers. But the Bearcats smight be just the prey Mizzou needs to face with its up-tempo, pressing style of play.

Bryce Mereness

7 Texas A&M vs. 10 Florida State-Every year most 8 vs. 9 games are unable to live up to their coin flip potential and end up being blowouts. Texas A&M has been a pretty steady team in Big 12 play and Florida State plays in the always over-

4 Kansas State vs. 12 Utah State-If you have not heard the buzz, Utah State has a reason to scratch its head, after going 30-3 and earning a modest 12 seed, while the Wildcats picked up 10 losses and still managed to pull in a five-spot.

Chris Schoonover

6 St. Johns vs 11 Gonzaga-St. Johns lost their second best player in D.J. Kennedy and Gonzaga is having a down year for Gonzaga standards as of recently. St. Johns still has All-Big East guard Dwight Hardy, but we don't know how the injury will affect the team.

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Loe, team face tough losses, see potential to turn it around

By Jason Lawrence Asst. Sports Editor

The Northwest baseball team got that elusive first win of the season on a weekend when the Bearcats and Missouri Southern could not pull away from each other.

'That was huge, just to get a 'W' on the board," head coach Darrin Loe said. "In all phases we started playing a little better. Defense was solid all weekend and I think the biggest thing is we got great pitching all weekend and that's where it has to

All four games were decided by one run, with Southern prevailing in three of them, including a rain-shortened game

"It's certainly tough, those one-run losses, but we take the positives out of those things," Loe said. "We still feel good about the team. I still have confidence in these guys and we're going to get it turned around this weekend."

The 'Cats tied the game in the top of the sixth before the umpires convened and called the game due to weather. The score was reverted back to the last completed inning, giving Southern the victory.

Northwest broke out the bats early and held on for the first win of the season in game three.

The 'Cats manufactured four runs in the first inning and chased two pitchers from the game in the opening inning.

A hit batter, a walk, an error, a balk and four singles led to the four runs.

Senior pitcher Kenny Brengle threw 6 and 1/3 innings of one-run ball and struck out eight Lion hitters.

"Kenny did a great job and kept us right in that ball game and gave us a huge lift," Loe said.

Senior Jayson Huett allowed two runs to score before closing it out for the 4-3 win, and getting the save.

Northwest mustered only one run in game two, when sophomore center fielder Evan Connell stole third and home in the second inning.

Southern scored on a sacrifice fly in the third and a RBI single after an error in the fourth, for what proved to be the winning margin.

Game one yielded the biggest offensive output of the series as the two teams combined for 13 runs.

Southern scored first, getting a run in the first inning before Northwest responded with a tworun homerun by Connell. Connell's homer was the lone extra base hit of the series for the 'Cats.

The Lions exploded for five runs in the bottom of the inning and added an insurance run in the bottom of the third to take a 7-2 lead.

Northwest rallied in the top of the ninth, scoring four runs behind two sacrifices and two RBI singles, but fell 7-6.

After 13 straight road games, and a 1-12 record, the 'Cats will play nine straight home games starting with a nine inning matchup with Fort Hays State at 2 p.m. Friday at Bearcat Field.

"Anytime you come home and play in front of your home crowd, on your home field and really the confidence of knowing you have the last at bats is huge," Loe said. "Our guys are ready to get home and get things turned around."

ELITE

Continued from A14

MIAA, and the MIAA Tournament's Most Outstanding Player.

With Dietz, Roehrig and the MIAA's leading scorer, senior guard Gabby Curtis, all graduating, you never know when you can get three pieces to a championship puzzle like that to come together again.

A win in St. Joseph could mean bigger and better things for Northwest. A win not only puts a Bearcat basketball team in the Final Four for the first time in school history – both men's teams lost their first game in the Elite Eight – but gives the university more national exposure with the game being broadcast on the ESPN family of networks. In the past after football

games being broadcast on national TV, the university saw a spike in enrollment, which most people will agree is a good thing for the university.

What can happen after a successful season? After the football team's national championship runs in 1998 and 1999, major renovations came for then Rickenbrode Stadium making it now into one of Division II's best football facilities. Maybe a successful tournament run can fuel another round of renovations to one of the more aged basketball venues in college basketball.

I realize that it is spring break, but for those of you who are not jet setting off to Cancun, Fort Lauderdale, Fla., or any other place far more exotic than Maryville, I invite you to visit historic St. Joseph, Mo. If nothing else we can stick it to the Griffons in their own backyard.



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SPOOFHOUNDS



FILE PHOTOGRAPH SENIOR FORWARD AMY Van de Ven takes a shot on goal in Maryville's 6-0 win over Auburn Neb., last season.

Maryville spring break schedules

Maryville Basebal	l						
March 22	Savannah	4:30 p.m.	Maryville				
Maryville Track and Field							
March 24	Cameron	4 p.m.	Cameron				
March 26	Graceland College	10 a.m.	Lamoni, Iowa				
Maryville Boys' Tennis							
March 24	March 24 Savannah		Savannah				
Maryville Girls' Soccer							
March 22	Cameron	4:30 p.m.	Cameron				
March 23	Lafayette	5 p.m.	St. Joseph				
Maryville Boys' G	olf						
March 24	Savannah/Smithvi	Savannah					

Gadbois, seniors fall short in playoffs

By Chris Schoonover Missourian Reporter

The Lady Spoofounds' run at another state tournament appearance came to an end Saturday night after falling to Stockton 41-37.

The 'Hounds came out of the gates strong and ended up with a 21-10 half-time lead.

"We played great defensively in the first half," head coach Grant Hageman said. "We had a lot of layups that we were very unlucky on and that ended up just rolling out."

Stockton put the full-court pressure on Maryville and cut the lead down to seven at the end of the third quarter.

"Once you start getting steals, your offense gets better," Hageman said. "Once they got the momentum, it got hard for us to keep our composure."

After a back-and-forth fourth quarter, the Tigers got a four-point lead in the final minute and were able to hold on for the victory.

The 'Hounds were outscored in the second half 31-16.

"There are about 100 different things that if they go different then we win the game," Hageman said. "We played really good basketball for three and a half quarters."

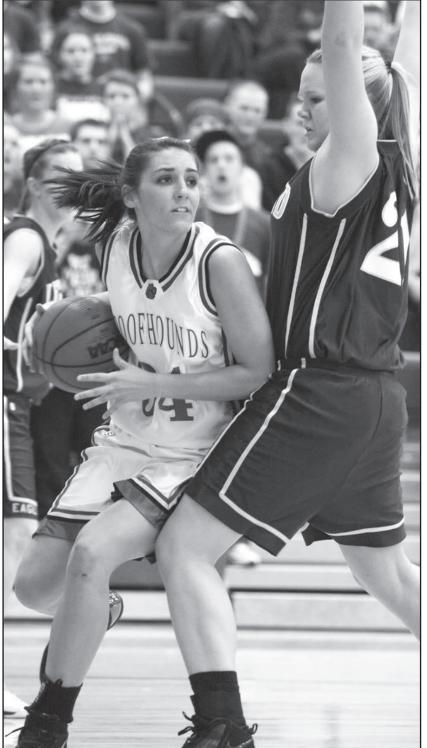
Senior post Taylor Gadbois led the way for the 'Hounds with 10 points and eight rebounds.

Senior guard Mataya Wooten scored nine points in the effort.

The 'Hounds lose seniors Gadbios, Wooten and guards Shannon McClellan and Molly Stiens, to graduation.

"They have been a huge part in turning this program around," Hageman said. "The thing I will miss the most is the competitiveness that they brought every night."

The four seniors led the way for the 'Hounds the last four years which included two quarterfinals appearances and a third-place finish at state last year.



SETH COOK | CHIEF VISUAL JOURNALIST

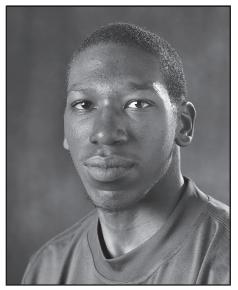
SENIOR POST TAYLOR Gadbois looks for an open teammate during the District Championship game on Friday March 4.

"They left a legacy to be remembered and I hope the other girls can take some pride and continue that on," Hageman said The Lady Spoofhounds finished their season with a 22-4 record along with a share of the Midland Empire Conference

ATHERES OF WEEK

BEARCATS

Tyler Shaw



Junior hurdler Tyler Shaw returns as an indoor All-American for the third time in as many tries after finishing fourth in the 60-meter hurdles in 7.97 seconds.

Gabby Curtis



Senior guard Gabby Curtis picked up another MVP award following her 21-point performance in Northwest's 82-70 win in the regional champioship.

Mataya Wooten



Senior guard Mataya Wooten finished her career with nine points in Maryville's 41-37 loss to Stockton in the quarterfinal round of the state playoffs.

Taylor Gadbois



Senior post Taylor Gadbois scored 10 points in her last game as a Spoofhound. Maryville finished 24-4 after a 41-37 quarterfinal loss to Stockton.

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Mavs causes MIAA stir

Potential move leaves conference schedule void

By Tony Botts Sports Editor

The MIAA's effort to expand to 16 teams by 2012 just hit a wall.

Nebraska-Omaha will make the jump to Division I by joining the Summit League. In doing so, UNO Chancellor John Christensen and Athletic Director Trev Alberts have proposed to drop its football and wrestling programs. Neither sports are sanctioned in the Summit League.

"All of (their tradition) is gone, and that's a crying shame," Northwest head coach Scott Bostwick said. "It's all about money, this decision was all about money. A hundred years of football... and they kicked it out the

The proposal is subject to

approval by UNO's Board of Regents.

"It's real unfortunate for their kids and their coaches and their alumni...they just feel like they've been kicked in the stomach," Bostwick said. "They didn't have a chance to voice an opinion. A decision was made by a few people and it's going to implicate a lot of people for a

According to the Omaha World Herald, the school faces an \$80,000 exit fine imposed by the MIAA, twice as much as the normal fee due to leaving before giving a two-year notice.

long time."

New MIAA Commissioner Bob Boerigter originally announced conference football schedules through

The absence of the Mavericks would leave a gaping hole in the Bearcats' football schedule this fall since Northwest was set to host UNO Oct. 15.

The football team is not alone in facing the imminent cut. The wrestling squad, which recently won its third consecutive national title. also faces termination.

However, while school plans to drop the football program for financial reasons, the Herald reported the decision to drop wrestling was purely on the structure of the Summit League.

Boerigter also recently announced the MIAA waived the intra-conference transfer rule, allowing all UNO athletes to transfer within the conference without subject to

sitting on a year of eligibility.
"I just feel for the kids,"
Bostwick said. "If you sat in here and read my emails and listened to some of the messages that kids have left on my phone, it's just too bad... naturally if we can find the right player or two that can help us, we're going to try and get them. I can't say yes to all of them."



SETH COOK | CHIEF VISUAL JOURNALIST

SENIOR VIJIT SEHGAL returns a ball Sunday against Southeastern

Oklahoma State. Sehgal won in both his singles and doubles matches

The No. 19 ranked men

also went up against Missouri-

St. Louis on Saturday. The

'Cats earned two quick points

due to Missouri-St. Louis'

open slots. The men swept the

singles with only one match

rallied back against Missouri-

St. Louis' freshman Chetan

Panditi. After losing the first

set 6-7, but then came back to

win the second set 6-4. The

third set came down to the

wire with Patterson prevailing

The men's team hit the

against Southeastern Oklaho-

ma State. The 'Cats won every

match in singles competition,

while only dropping one dou-

ranked No. 29 in the country,

fell behind 5-3 in game one to

Southeastern senior Jose Ar-

gumedo. Harrison fought back

and won 10 straight games to

"He is a great player," Rosewell said. "He has a

chance to possibly be an All-

teams open conference play at

2 p.m. and 3 p.m. today against

Emporia State at Frank Grube

MO. Open Monday thru

Sunday Noon - 5 p.m.

www.shopeasthills.com

Saturday 10 a.m. - 9 p.m;

The men's and women's

win the match 7-5, 6-0.

American this year."

and High Rise Courts.

Senior Malcolm Harrison,

bles match.

Junior Calvin Patterson

not won in straight sets.

Tennis opens MIAA play

SENIOR DEFENSIVE END Roberto Davis prepares to rip down the UNO quarterback. UNO's potential move to Division I's Summit League would create an open date in the middle of Northwest's 2011 football

to help the 'Cats win 6-1.

By Orlando Carrizales

The Bearcat women's ten-

On Friday, the Washing-

nis team earned their first win

ton meet was canceled, but the

women's tennis team dueled

against Missouri-St. Louis on

Saturday. Four out of the six singles matches were won in

Freshman Rocio Fernan-

dez faced an uphill battle after

dropping the first set to Mis-

souri-St. Louis' junior Katie

Rynkiewich. Fernandez rallied

back to tie the series 1-1, winning 6-3 in the second set. In

the third set, Fernandez and

Ryniewich both clawed at one

another, but Fernandez was

able to pull out the victory,

bit smarter in the second set

by keeping more balls in play,"

head coach Mark Rosewell

said. "That's what she needs to

up short this weekend. The No.

3 doubles team of senior Su-

reena Weir and junior Alison

Wulff won 8-4 to capture the

only doubles win of the match.

on (doubles), trying get them

just right," Rosewell said.

'We need to keep working

The doubles teams came

do and work on that."

'She started playing a little

of the season last weekend.

Missourian Reporter

straight sets.

winning 10-7.

Daugherty's heroics lead to series sweep

By Tony Botts Sports Editor

There would be no letdown for the Northwest softball team in the team's homeopening double-header, Tuesday.

In fact, the team needed some heroics in game two to pull out the sweep over Nebraska-Kearney.

Trailing 2-1 heading into the bottom of the fourth inning, senior outfielder Kit Daugherty stepped into the box with two outs and the bases loaded.

Daugherty quickly turned the game around when a blast from her bat sailed over the left field fence for a grand

"We would have taken a single at that point," head coach Ryan Anderson said. "Runners were going on contact and so we just needed a single. If we're gonna score four we might as well."

The 'Cats tacked on another run in the inning and stole the game 6-2.

"Hopefully (the team) sees what we can do," Anderson said. "The previous weekend, we got clear behind, we made the hole for ourselves."

Sophomore pitcher Morgan Brunmeier toed the rubber for Northwest and tossed seven complete innings, including two strikeouts and allowed two earned runs.

Game one did not need late inning heroics as the 'Cats plated three runs in the first inning, including junior catcher Kristen Hessel's tworun homerun.

Northwest would tack on two more runs, one in the third and fourth innings, and closed the game out 5-0.

Sophomore pitcher Jenna Creger received the starting nod and carried Northwest through seven innings of shutout ball. Creger added eight strikeouts and worked around five Loper hits.

"We played well," Anderson said. "Pitchers threw well. Hitting, for not playing 10 days, we actually hit well. With that being said, you could tell at times we had bases loaded, we had runners at second and third and we didn't come through."

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SETH COOK | CHIEF VISUAL JOURNALIST

SOPHOMORE PITCHER JENNA Creger hurls a pitch toward a Nebraska-Kearney batter at Bearcat Field Tuesday. Creger struck out eight batters, while pitching a complete game in the 'Cats' 5-0

The 'Cats now sit at 9-5, having won their last five out-

"It seems like each time out we see better things," Anderson said. "Obviously it helps to play (outside) but hopefully being outside can hopefully help to continue to improve."

The 'Cats hit the road this weekend for the MIAA South Crossover Tournament in Springfield, Mo.



Find out how baseball did against Missouri Southern.



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COLUMN

Don't miss an 'Elite' chance

Bryce Mereness Chief Sports Reporter



It is truly a perfect storm season for the women's basketball team.

Now the Bearcats find themselves in the Elite Eight in St. Joseph. Just 40 miles down the road, St. Joseph provides a unique opportunity for Northwest. It is by far the shortest trek any Elite Eight team has to make Arkansas Tech is the next closest at 400 miles. The St. Joseph Civic Arena holds 3,800 people, nearly 50 percent more than Bearcat Arena's 2,500 person capacity, a mark that should be easy to reach for Northwest, with a student population of 7,200.

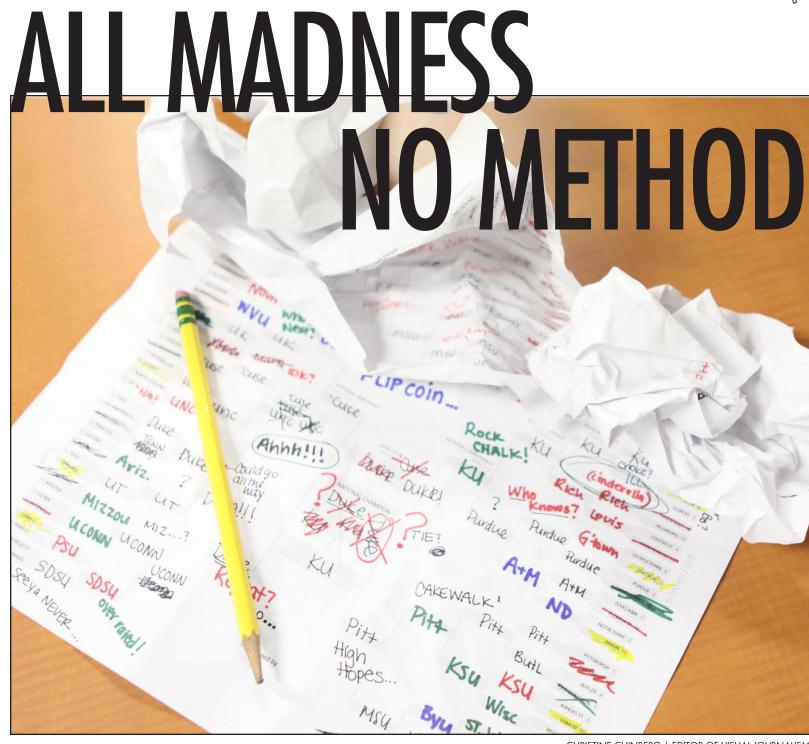
Not very often has a team from this close to the Elite Eight host site earned the trip to face the nation's best seven teams. It would be a shame if this opportunity went by the wayside.

"We've had a great fan base following us all year and we wanted to get back so they could watch us play one more time," senior post Gentry Dietz said. "We knew that if we could get it back to St. Joe we would have almost a

home-court advantage." We are almost spoiled here at Northwest. The football team seems to reach this stage year in and year out, but this is new territory for the women's basketball team. This is the first time in program history the women have advanced to the Elite Eight, and the men's basketball team only has two trips to the Elite Eight.

Everything seems to have come together almost too perfectly. After Dietz was granted only one more semester of eligibility for medical hardship, the 'Cats faced a first semester without a proven post. When volleyball graduate assistant Kyla Roehrig mentioned her remaining year of basketball eligibility, the opportunity was too good for head coach Gene Steinmeyer to pass up. Little did he know, he just stumbled upon the Defensive Player of the Year in the

SEE ELITE | A11



CHRISTINE CHINBERG | EDITOR OF VISUAL JOURNALISM

THIS YEAR'S BRACKETS are sure to be filled with chaotic upsets, puzzling blowouts and a slew of fresh story lines.



Asst. Sports Editor

Final Four:

Svracuse, Duke, Kansas, Michigan State

Cinderella: Michigan State

I don't know if it's fair to call them a Cinderella, but earning a 10 seed should qualify. Tom Izzo is a March coach and always gets the best out of his kids come tournament time, this year they just have a little extra motivation. The way the Spartans' season played out and the low seed should give this team all the momentum it needs



Bryce Mereness **Chief Sports Reporter**

Final Four:

North Carolina, Connecticut, Kansas, Pittsburgh

Cinderella: Gonzaga

The Bulldogs have a nice opportunity for a deep run. The first two potential match-ups are against teams with high profile personel losses. With a first round win over St. Johns, Jimmer Fredette and the Cougars of BYU await. But, hould Fredette turn in a monsterous performance like he's capable of, the clock will strike midnight on Gonzaga's party.



Tony Botss Sports Editor

Final Four:

Ohio State, Duke, Kansas, St. John's

Cinderella: Utah State

Any team that goes 30-3 has to be respected. The Aggies' only blemishes came against a stout BYU squad, led by the power of Jimmer Fredette, Georgetown, which was No. 14 at the time, and a Idaho Vandals team on the road. K-State better beware of a surging team that has won eight of its last nine.



Missourian Reporter

Final Four:

North Carolina, Connecticut, Notre Dame, Pittsburgh

Cinderella: Tennessee

My Cinderella team of the tournament is Tennessee. The Volunteers play Michigan in the first round, who I think is very beatable and in the second round they have the defending national champions, Duke. I think they could upset Duke with good performances from Scotty Hopson and Tobias Harris.

SEE **PICKS** | A11

Wrestling club pins down national title, Peter 2nd

By Tony Botts Sports Editor

The Northwest wrestling club relied on a team effort to capture the National Collegiate Wrestling Association Division II National Title.

'(It's) completely amazing," head coach Nic Brent said. "I'm so, so proud of my guys, every single one of them. It's been a long trip to where we are now from where we started off.

"We're just going to continue to build and continue to grow. This is one of those places where a team can plateau, but we don't need to plateau, we need to keep going. I think this is definitely a group that is going to keep the ball

The Bearcats took six wrestlers to the national meet and collected 45 team points, which was good enough for 11th place overall. This was the second year in which Division I and Division II standings were separated. There were 77 clubs represented at the tournament in Macon, Ga.

Jordan Peter, 165 pounds, claimed the national runnerup position in his weight class and Blake Shoeninger, 197 lbs., captured seventh place and All-America status, as well.

Peter was the No. 3 seed and fell to the No. 1 seed, West Chester's (Pa.) Dustin Tancredi. Peter collected four pins during the tournament before suffering an 11-4 decision in the championship bout.

'Going into the tournament, I thought that where I was at in the season, I thought being in the finals is where I should be," Peter said. "Obviously, I wanted to win. It didn't end up like that, but it's still a great experience."

Along with the 'Cats' two All-Americans, Jacob Mercer, 149 lbs., and Preston Reeves, heavyweight, wrestled to within one match of earning

national honors of their own.

Prior to the national title, the wrestling club won the Southwest Conference Championship Feb. 26 in Arlington, Texas. Three wrestlers were crowned champions, along with a runner-up finish.

Our two team goals this year were to win conference and then after that, with the team that we had, we had originally started hoping that we'd get in the top 10 at nationals," Brent said. "We lost a few guys

after a semester, our numbers went down, but the quality of people that stayed and the dedication of them is what really carried us. I'm thrilled with 11th. I wasn't sure we were going to reach that top 10 goal. It's good that there is a goal left unchecked that they can continue to strive for."

The 'Cats placed 17th at last year's tournament.

California Baptist (Ca.) was crowned overall tournament champions this year.

| GIRLS' BASKETBALL INSIDE

Check out how the Lady Spoofhounds finished their season in the Class 3 playoffs.





INSIDE UNO DROP

See how Nebraska-Omaha's MIAA departure impacts the conference and Northwest football program.



SPORTS | PAGE 13